

Report on 3rd International Yoga Day Celebration at Maharishi University of Information Technology, Lucknow, 226013, UP, India

In Compliance of UGC Letter No. D.O.No.F.-1-1/2017(Secy), Dated 05.04.2017, Letter No. D.O.No.F.-1-1/2017(Secy), Dated 24.05.2017, Letter No. D.O.No.F.-1-1/2017(Secy), Dated 09.06.2017 and Letter No. D.O.No.F.-1-1/2017(Secy), Dated 15.06.2017, Maharishi University of Information Technology, Lucknow, UP, Celebrated International Yoga Day in very Effective manner. Brief Detail of Programme held under International Yoga Day is as under:

1. Eleven Day Training Programme through National Service Scheme, Ministry of Youth Affairs and Sports , Government of India
2. Full Dress Rehearsal on dated 19.06.2017 , through National Service Scheme, Ministry of Youth Affairs and Sports , Government of India
3. Yoga Practice with Hon'ble Prime Minister of India on dated 21.06.2017, through National Service Scheme, Ministry of Youth Affairs and Sports , Government of India
4. Yoga Demonstrations in Maharishi University of Information Technology, Lucknow,
5. Prize Distribution of Quiz Competition , Poster Making Competition, Essay Competition that held under International Yoga Day (IYD)
6. Facilitation Ceremony of Students/Staff and Trainer

Detailed description is as under:

1. Eleven Day Training Programme through National Service Scheme, Ministry of Youth Affairs and Sports , Government of India:

Under International Yoga Day Function , Eleven Day Yoga Training Programme Organized by National Service Scheme, Ministry of Youth Affairs and Sports , Government of India. Under this Training Programme Sixty Participants got Training. This Training Started from 03.06.2017 and finished on 17.06.2017. This is very effective and fruitful exercise under this IYD-2017 function. On dated 17.06.2017, our University did marvelous valedictory function of eleven day Training Programme followed by Prize Distribution to Best Yoga Trainees. The Chief Guest of Function was Prof. P.K.Bharti, Vice-Chancellor, Maharishi University of Information Technology, Lucknow.

2. Full Dress Rehearsal on dated 19.06.2017, through National Service Scheme, Ministry of Youth Affairs and Sports, Government of India

After successful Completion of Yoga Training, on dated 19.06.2017, Full Dress Rehearsal ahead of the 3rd International Yoga Day programme organized by Government of UP, in this function our sixty participants participated. The Chief Guest of This Function was Chief Minister of Uttar Pradesh Shri Aditya Nath Yogi Ji. Participants Moved from University at 3.00 AM and returned at 12.00 pm.

3. Yoga Practice with Hon'ble Prime Minister of India on dated 21.06.2017, through National Service Scheme, Ministry of Youth Affairs and Sports , Government of India

This is great day for our University , because today our Sixty Participants, Participated in 3rd International Yoga Day Practice with Hon'ble Prime Minister of India, Shri Narendra Modi Ji at Rama Bai Ambedaker Park,Lucknow. This day also our students moved for Yoga Place at 3.00 AM and back to the University at 11.00 AM. Government of Uttar Pradesh did proper arrangement of Transportation, Refreshment ect .Despite of heavy rain since 4.00 am participants performed well with our Prime Minister of India.

4. Yoga Demonstrations in Maharishi University of Information Technology, Lucknow,

After back from main function, again Mass Yoga Demonstration Programme organized by Maharishi University of Information Technology, Lucknow, around 100 participates participated in this Mass Yoga Demonstration on dated 21.06.2017 at University Campus. The Chief Guest of Function was Prof. Peeyush Pandey, Registrar, Maharishi University of Information Technology, Lucknow.University and Shri Anoop Srivastava , Chief Proctor, MUIT, Lucknow .Students, Academic Staff and Administrative Staff took part in this Yoga Demonstration. Followed by Common Yoga Protocol (CYP). In this fuction the Book received from Ministry of AYUSH “ Common Yoga Protocol 2017” distributed to all participants.

5. Prize Distribution of Quiz Competition , Poster Making Competition, Essay Competition that held under IYD-2017

For encouragement of all participants and members involved in whole International Yoga Day Function 2017, Various Prized declared under various Events like Quiz Competition , Poster Making Competition, Essay Competition, that held under International Yoga Day Function.

6. Facilitation Ceremony of Students/Staff and Trainer

At the end of Function, Facilitation Ceremony held, under this Various Dignitaries/Faculty Members/Students/Trainer recognized by University Authority. Function followed by Transcendental Meditation. International Yoga Day celebrated in the series of various function held on the occasion of Centenary Year of His holiness Maharishi Mahesh Yogi Ji.

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Enclosure: Photographs of International Yoga Day-2017