

## TEACHING-LEARNING PLAN

**Course Title:** Vision of Total Knowledge through Creative Intelligence

**Course Code:** SOC 110

**Pre-requisites:** SOC 109

**Faculty:** Dr. Mudita Agarwal & Mr. Gaurav Thakur

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### Course Description:

This course pivots on the very basic nature of knowledge which not resides in the relative world but inside human physiology and it considers as Veda which is the science of pure knowledge which constitutes the human physiology as well as the expression of 40 aspects of Veda helps in recuperating the well-being and expand the creativity within by accessing the eternal knowledge of "Know Thyself". Also the core nucleus of this course is to extricate the reservoir of intelligence which lies in the source of thought as life grows in abundance which enhance the ability among the students to become proficient to meet the requirement of the Globalization in terms of effective communication.

### Course Objectives:

This course transmit and provide the transient study on Veda in Human Physiology and its 40 aspects of expression which is the study of the whole cosmos in an individual. Also, this course builds the foreground of theoretical part of the practice of Transcendental meditation which is Science of Creative Intelligence. In addition to this knowledge prepares the individual to attain the economic goals, social goals, intellectual use of conversation to root out the problems in the existing life by employing the mind in its active state as it becomes unbounded in the state of pure consciousness.

**Course Outcomes (COs):** At the end of this course students will be able to:

- Define the constitution of Human Physiology in the light of Veda and its expression of 40 aspects
- Identify the innumerable qualities of creative intelligence on the level of physiological, physiological and sociological benefits
- Classify the divergent benefits of the two contrary to maintain the balance at the same level between logical thinking and creative thinking
- Design the framework of creative intelligence which is an ability to comprehend greater horizon to become invincible and self sufficient
- Evaluate and act on the basis of the field of all possibilities which augment the student capability and tapping the un-manifest level of pure consciousness and bring out the qualitative attributes which are a need in this era of globalization.

### Mapping COs with POs:

	PO 1	PO 2	PO 3	PO 4	PO5
CO 1	M	W			
CO 2			S		
CO 3		M			
CO 4				W	S

### Course Contents: Semester X

#### Unit - I: Veda in Human Physiology

- Veda: Constitution of Human Physiology
- The 40 aspects of Veda
- Expression of the 40 aspects of Veda in Human Physiology

#### Unit – II: Enrichment of Experiences X

- Advance Lectures on the Transcendental Meditation Program
- Follow-up Sessions and Group Checkings
- Personal Checkings

#### Unit – III: Creative Intelligence

- Knowledge of Creative Intelligence through personal experience
- The qualities of Creative Intelligence
- A vision of possibilities - Maharishi's Science of Creative Intelligence
- Maharishi's Science of Creative Intelligence: The artist and the scientist
- Maharishi's Science of Creative Intelligence and interdisciplinary study
- Maharishi's Science of Creative Intelligence and the horizontal and vertical approaches to knowledge
- Maharishi's Science of Creative Intelligence, Maharishi International University, and the study of intelligence

#### Unit – IV: Communication in Social Life

- Age of Globalization in need for communicating in English
- English as the first or second language
- Uses of English in Academic and Nonacademic situation in India
- List of commonly used administrative terms

**Text Book (s):**

- Nader Tony. (2001). Human Physiology: Expression of Veda and the Vedic Literature. Maharishi Vedic University
- Huffington Arianna. (2007). On Becoming Fearless...in Love, Work, and Life. Little, Brown Spark

**References:**

- Cummings, J. B. Butler and R. Kraut (2002) ' The Quality of Online Social Relationships ', Communications of the ACM 45 ( 7): 103 – 108 .
- Arthur J. Cropley. (1994). CREATIVE INTELLIGENCE: A CONCEPT OF TRUE' GIFTEDNESS, European Journal of High Ability, 5:1, 6-23, DOI: [10.1080/0937445940050102](https://doi.org/10.1080/0937445940050102)

**Assessment Scheme:**

Sl. No.	Component	Weightage (%)
1.	Participation in Practice	20
2.	Teachers' Evaluation	20
3.	Outbound Visit & Report	10
4.	Field Based Project	20
5.	End Semester Examination	30

**Mapping Assessment Components with COs**

	CO1	CO2	CO3	CO4	CO5
AC 1	X	X	X	X	X
AC 2	X	X	X	X	X
AC 3			X	X	X
AC 4				X	X
AC 5	X	X	X	X	X

## **Details of Projects/Activities**

### **Pipeline Team Building Game**

#### **Instructions of this activity**

- Divide participants into 2-3 smaller groups.
- Give each group a ball, tube halves or a stack of construction paper, a roll of tape and a pair of scissors.
- Give participants five minutes to plan how they will get the ball from one side of the designated area to the other.
- The ball may not touch the ground at any time;
- No one may touch the ball at any time once it enters the designated area
- Each person must be involved in the process of moving the ball; and
- If any of these rules are broken, the group must start over.
- When the ball is dropped safely into the container represents a successful delivery
- The team which has maximum number of balls in the container will be declared as winners

#### **Learning of the activity**

This is an engaging activity which provides the participants an opportunity to plan and communicate as a team, gives a platform to learn how to overcome difficulties together when the functioning of the brain is in coherence with each other and to adopt various methods to complete the task. Another motive of this activity is to evaluate how the team organized itself to achieve optimal performance.

#### **Match the following with common sense**

##### **Instructions of this activity**

- Two teams will be divided into equal numbers
- Both the team has to perform the task of Match the following
- Some very hard questions will be given in section A to be matched with random answers in section B
- Whosoever finishes the task in less time will be the winner
- It will be time bound activity wherein at every wrong answer there would be penalty of 5 seconds

## Learning of the activity

The actual activity is not match the following the real learning behind this activity is that they don't have to even try to match with right answer. To win this activity one team has to say we have completed this activity and they will get 50 seconds penalty and other team will be trying to solve the activity thus it will take more time to solve the activity. It also teaches to use our common sense and awareness in our day to day life.

## Video testimonials:

Students have to give video testimonials of their learning and what they like in this subject along with suggestions so that we can inculcate those feasible ideas in our teaching methodology

Video shall be of minimum 2 minutes.

Each student (individually or in groups of 2-3 students) will undertake a project where they will be working in the external environment (like village community, MSMEs, NGOs, civil authorities etc.) on identified issues. They will work under the guidance of an assigned faculty member and will be assessed on the basis of how they are able to effectively understand their relationship with the external environment. Students will have to prepare the schedule of interaction with the identified external contacts and execute the assigned task keeping in mind the intended learning outcomes. They will maintain a project diary/ register as per following format and this will be scrutinized by the faculty guide weekly/ fortnightly as decided.

Sl. No.	Topic Learnt in Class or Practice of TM	How I applied it during project/ field practice/ Outbound visit	My Understanding	Remarks
1.				
2.				

## Outbound Visit/ Activity:

**One Outbound Activity/Visit every month of Institutional, Corporates, Seminars, Conferences or (Guest Lectures (Inside or outside)) to be organized and conducted by Teacher's.**

It is mandatory that all students will have to participate in outbound visit/ activity and attend all the planned activities strictly. With the guidance of faculty members, the will participate with clear cut intended learning outcome and submit a report on completion so that attainment of outcomes can be assessed. This assessment will have weightage as mentioned in the assessment scheme.

**Class Participation:****Student's participation in practice Sessions: 10 Marks**

S.No	Rubrics for Practice Sessions	Marks
1	Student regularly attends the practice session once a day	2
2	Student regularly attends the practice session twice a day	4
3	Student attends the session regularly but does not initiate contribution & needs instructor to solicit input.	6
4	Student's comments are constructive, with signs of insight and relevant to discussion	8
5	Student listens attentively and hears what others say and contributes to the learning and knowledge.	10

**Student's participation in the Theory Classes: 10 Marks**

S.No	Rubrics for Theory Sessions	Marks
1	Student regularly attends the class but is quite disruptive	2
2	Student attends the class but does not listen to others, both in groups and in class	4
3	Student attends the class with some participation	6
4	Student attends the class proactively and contributes to the class	8
5	Student attends the class proactively, consistently and add value to the learning	10

Attendance in all the classes and practice sessions is mandatory. Participation will be evaluated based on attendance, active engagement in discussions and interaction and contribution towards overall learning. This component will have 20% weightage as mentioned in the assessment scheme.

**Other Details:**

While it is expected that students should attend all classes but to cater to emergencies, illness, unavoidable social commitments and family responsibilities, a relaxation of up to 25% may be considered. Under no circumstances, attendance should fall below 75% else they will be debarred from taking examinations and will be declared fail in the course. Students can meet the faculty/ guide for consultations between **3:30 PM to 4:30 PM** or **else with prior appointment**. Students are expected to be regular and punctual in all activities including completion of work, submission schedules, appointments etc. and should be professionally dressed.

**Important Note for faculty:** Assessment rubrics will have to be written for each Assessment component.